

2009 / 2010

# Power / Edge Skating Class



FMC Ice Sports  
c/o William L. Chase Arena  
35 Windsor Avenue  
Natick, MA 01760  
508-655-1013  
[www.fmcicesports.com](http://www.fmcicesports.com)

Call for more information on:

Group Lessons For All Ages  
Summer Figure Skating Camp  
Birthday Parties  
Weekly Public Skating Sessions  
Freestyle Practice Sessions  
Off Ice Classes



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## Power / Edge Class

FMC Ice Sports Natick is pleased to offer Power Skating and Edge classes. This on ice conditioning program will help to strengthen stroking technique, develop power, flow and proper edge control. Emphasis is on edge quality, extension, quickness, power, speed, presentation and endurance. This class is designed for Synchro team and individual freestyle skaters who wish to improve and enhance their current skating ability. Class is 30 minutes in length.



### Class Schedule and Cost

Seasons:	Day:	Dates:	Times:	Wks:	Cost:
Back to School	Fri	9/18-11/6	3:30pm-4:00pm	8 Wks	\$64.00
Fall	Fri	11/13-12/18	3:30pm-4:00pm 4:40pm-5:10pm**	6 Wks	\$48.00*
Winter	Fri	1/8-2/26	4:40pm-5:10pm 3:30pm-4:00pm^	8 Wks	\$64.00
Spring	Fri	3/5-4/23	3:30pm-4:00pm	8 Wks	\$64.00

\*Classes will not be held on 12/25 and 1/1  
 \*\*Time change week 4-8  
 ^Time change week 8



Choose a Session

First Name of Skater		Last Name of Skater		Birthdate	
Address		City	State	Zip	
Daytime Phone		email address			
<input type="radio"/>	Back to School	9/18-11/6	3:30pm-4:00pm	8 Wks	\$64.00
<input type="radio"/>	Fall	11/13-12/18	3:30pm-4:00pm 4:40pm-5:10pm**	6 Wks	\$48.00*
<input type="radio"/>	Winter	1/8-2/26	4:40pm-5:10pm 3:30pm-4:00pm^	8 Wks	\$64.00
<input type="radio"/>	Spring	3/5-4/23	3:30pm-4:00pm	8 Wks	\$64.00

Waiver

I, the undersigned, do hereby acknowledge that my child by participating in the Power / Edge Class may be exposed to risk of injury that is inherent in ice skating programs. I hereby acknowledge that Facility Management Corporation, FMC Ice Sports and the FMC staff are not responsible for any damage or injuries that result from their participation in this program.

\_\_\_\_\_  
 Parent / Guardian Signature

Payment Options

<input type="radio"/>	Cash Amount: \$ _____
<input type="radio"/>	Check payable to FMC Natick Check Amt: \$ _____ Check #: _____
<input type="radio"/>	Please bill my credit card account: \$ _____ Circle one: Mastercard Visa
_____	_____
Account number	Exp date
_____	_____
Cardholders Name	last 3 digits on back of card

**REFUNDS** less a \$20 processing fee can only be given before the start of the second class. Refunds will not be given after the start of the second class. Skaters should arrive 15-20 minutes prior to the start of the class. **NO MAKEUP CLASSES ALLOWED**. FMC Ice Sports reserves the right to cancel a session due to lack of enrollment.

Office USE ONLY 2009-2010 Power/Edge Natick

Charge Date \_\_\_\_\_ By \_\_\_\_\_

