



Pre - Fall I Season FREESTYLE PRACTICE ICE

Freestyle Practice Ice is ice time set aside specifically for skaters to practice their skills. Sessions are 40 minutes long. Many skaters hire instructors to give private instruction on Freestyle Practice Ice. Instructors who wish to teach on FMC Ice Sports Freestyle Practice Ice must sign an agreement and provide a copy of their liability insurance certificate, prior to teaching.



PRIOR TO SKATING

Skaters who wish to use FMC Ice Sports Freestyle Practice Ice need to be members of the Ice Skating Institute (ISI). Participants of FMC Skating Fundamentals classes or pre-registered Freestyle Practice Ice have received a free ISI membership with their registration.



Pre Season Special \$12 Per Session – Walk Ons Only

Each individual slot and date is considered one session. Skaters must have an ISI membership and present their ISI membership card to the Freestyle Monitor. Memberships can be purchased directly from ISI and online at www.skateisi.org. Membership forms may also be obtained at the rink and will be mailed to the ISI office upon request.

RINK	DAY	DATES AVAILABLE	TIMES AVAILABLE
Brockton	Wednesday	8/25, 9/1 & 9/8	4:00-4:40pm & 4:40-5:20pm
Taunton	Tuesday	8/24, 8/31 & 9/7	4:00-4:40pm & 4:40-5:20pm
	Wednesday	8/25, 9/1 & 9/8	4:00-4:40pm & 4:40-5:20pm
Plymouth	Thursday	8/26, 9/2 & 9/9	3:30-4:10pm & 4:10-4:50pm

Asiaf Arena * 476 Forest Ave. Extension * Brockton, MA 02301 * (508) 583-6804
 Aleixo Arena * 1 Gordon Owen Riverway * Taunton, MA 02780 * (508) 824-4987
 Armstrong Arena * 103 Long Pond Road * Plymouth, MA 02360 * (508) 746-8825