



2011-2012 Women's Skills Clinics With Kay Cowperthwait



About the Program

The Vipers Skills Clinic is a weekly skills session at the Collins/Moylan Arena in Greenfield, MA, designed for beginner to advanced players. The sessions are coached by Kay Cowperthwait, former Varsity Women's Ice Hockey Coach at Amherst College. Under Kay's guidance, players will work on skill development and game situations in preparation to joining a team.



Kay Cowperthwait

- Personal Trainer at In-Motion-Fitness
- Head Coach of the Pioneer Valley Vipers Senior Women's Hockey Team
- Former Head Coach of Amherst College Women's Hockey
- ECAC All-Star

PROGRAM HIGHLIGHTS

- Wednesday Nights 7:00pm-7:50pm
- \$145/session
- \$130/session for Vipers players
- \$20 Walk-on rate
- Session 1: 10/19/2011 - 12/14/2011*
*No class 11/23
- Session 2: 12/21/2011 - 2/8/2012
- Session 3: 2/15/2012 - 4/4/2012



Collins/Moylan Arena
41 Barr Avenue, Greenfield, MA 01301
1-888-74-SKATE (Toll Free) 413-772-6891 (Arena)
www.fmcicesports.com

Women's Skills Clinic Registration Form

Register by mail or online!

Form must be fully completed. Space is limited and is available on a first come first serve basis.

Skater's Full Name: _____ D/O/B _____

Parent/Guardian Full Name (if under 18): _____

Address: _____

City: _____ State: _____ Zip: _____

Phone:() _____ E-mail: _____

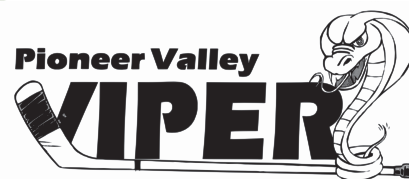
Choose Your Session:

Session 1 (10/19-12/14) \$145 *Vipers players* \$130

Session 2 (12/21-2/8) \$145 \$130

Session 3(2/15-4/4) \$145 \$130

Walk-on: \$20



WAIVER: I, the undersigned, do hereby acknowledge that in consideration of my participating in any way in the Women's Skills Clinic may be exposed to risk of injury that is inherent in ice skating programs. I hereby acknowledge that Facility Management Corporation, FMC Ice Sports staff and Kay Cowperthwait are not responsible for any damage or injuries that result from my participation in this program. I grant to FMC Ice Sports, its representatives and employees, the right to take photographs of me in connection with the above-identified ice sports program(s). I agree that FMC Ice Sports may use such photographs for any lawful purposes, including for example such purposes as publicity, illustration, advertising, and Web content.

Player Signature (Parent/Guardian if under 18)

Date

Please let us know how you learned about our program. If appropriate, select more than one:

- | | | | |
|--|--|----------------------------------|--------------------------------------|
| <input type="checkbox"/> Referred by Coach | <input type="checkbox"/> Newspaper | <input type="checkbox"/> Website | <input type="checkbox"/> At the Rink |
| <input type="checkbox"/> E-mail Notice | <input type="checkbox"/> Word-of-mouth | <input type="checkbox"/> Mailing | <input type="checkbox"/> Phone Call |
| <input type="checkbox"/> Other _____ | | | |

REGISTER BY MAIL OR ONLINE

To register by mail, complete the registration form and mail it with payment (check or money order) to the address below.

To register and pay online, simply go to www.fmcicesports.com

Check or money order made payable to "FMC Ice Sports". Credit card payment can be made online or by phone at 1-888-74-SKATE